

## Should you have a genetic test be made? Use this questionnaire to find out



Use the following questions to assess whether genetic testing could be indicated.

### TRIGLYCERIDES

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- 1 Do you often suffer from abdominal pain or have you ever had pancreatitis?**  
The genetic form of HTG, known as FCS\*, often causes recurrent inflammation of the pancreas, which is due to permanently elevated triglyceride levels.

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  - 2 Do you have persistently high triglycerides (levels above 885 mg/dL)?**  
In genetic forms of HTG triglyceride levels remain extremely high even when you are fasting.

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  - 3 Have lipid-lowering medications been ineffective in the past?**  
FCS\*-related HTG often does not respond to conventional lipid-lowering medications.

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  - 4 Is there a family history of unexplained lipid disorders?**  
If there is a genetic predisposition similar cases may occur in the family.

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  - 5 Did your symptoms begin before the age of 20?**  
If there is a genetic predisposition the symptoms often begin in childhood.
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\*FCS = familial chylomicronemia syndrome



**If several of these points apply to you, it is important to consult a specialist in lipid disorders (lipidologist) for a thorough diagnosis and possible genetic testing.**